

Fall 2013

**"Success Through Commitment"**



**UMBC Classic Upward Bound**

*Staff Insights*

Inside this issue:

<i>Remind 101</i>	2
<i>Career Focus</i>	3
<i>Alumni Spotlight</i>	4
<i>Parents' Corner</i>	5
<i>College Focus:</i>	6
<i>Community College</i>	7
<i>Birthdays</i>	8

The UMBC Classic Upward Bound Program has been hosted by UMBC since September 1989. Over the years, the UMBC Upward Bound Program has undergone many changes. Staff members have come and gone; students have come and gone; and we've added a whole school system. The one thing that I can say has not changed is the level of commitment the staff displays in helping our students be successful.

In this initial Staff Insights segment, we focus on what "Success through Commitment" means to the UMBC Upward Bound Staff. This motto reflects both the commitment we have made to helping students be successful and the commitment we expect from students and families to ensure that success.

Our commitment includes interventions for students such as college visits, Saturday sessions, college tours, target school advocacy and the summer residential program. We believe these activities will assist students in achieving their goals of going to college. The family commitment includes attending orientation and special parent sessions, ensuring students are prepared in attending Saturday sessions, replying to information requests from the programs and responding to requests for information from school. Together, through team work, parents, students and the Upward Bound Programs can ensure that students will be prepared for college.

When you think of the UMBC Classic Upward Bound Program, we want you to think "Success through Commitment"!

# Remind 101

Our newest method of communication is Remind 101, an automated text messaging service. We will be using Remind 101 to alert you to upcoming program deadlines, but most importantly, to alert you to short notice changes to program schedules or operations, such as a bus delay. Please use the instructions and table below to subscribe to the service.



**To receive messages via text, send the code for your category (class of XXX or parent) to (443) 380-4243. You can opt-out of messages at anytime by replying, 'unsubscribe @b8d76e'. Standard text messaging fees apply.**

**Or to receive messages via email, send an email to [parentsofu@mail.remind101.com](mailto:parentsofu@mail.remind101.com). To unsubscribe, reply with 'unsubscribe' in the subject line.**

	Text	e-mail
UB Parents	@ubpar	<a href="mailto:ubpar@mail.remind101.com">ubpar@mail.remind101.com</a>
Parents of Seniors	@parentsofu	<a href="mailto:parentsofu@mail.remind101.com">parentsofu@mail.remind101.com</a>
Class of 2014	@b3121	<a href="mailto:b3121@mail.remind101.com">b3121@mail.remind101.com</a>
Class of 2015	@b8d76e	<a href="mailto:b8d76e@mail.remind101.com">b8d76e@mail.remind101.com</a>
Class of 2016	@12af7	<a href="mailto:12af7@mail.remind101.com">12af7@mail.remind101.com</a>
Class of 2017	@df0f2	<a href="mailto:df0f2@mail.remind101.com">df0f2@mail.remind101.com</a>

# Career Focus: Nursing

## Entry Level Education/Degrees

**Bachelor of Science Nursing:** (BS/BSN) A four-year program offered at colleges and universities that prepares nurses to practice across all health care settings. BSN graduates have the greatest opportunity for advancement. For instance, a BSN is required for entry into a Master's program, which may in turn lead to a career in management, or on to more specialized nursing positions such as clinical nurse specialist, nurse practitioner, nurse educator, or nurse researcher.

## Associate's Degree

A two-to-three year program offered at junior and community colleges, an Associate's degree trains and prepares nurses to provide direct patient care in numerous settings. ADN is an affordable education that provides the student opportunities to bridge into a BSN program and to progress onto a Masters or above. Some hospital nursing schools, colleges, and universities also offer ADN programs.

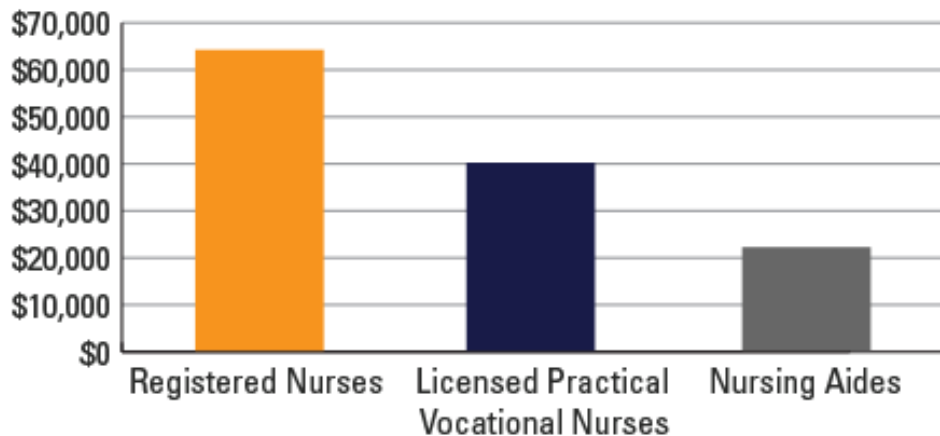
**Licensed Practical Nurse:** LPNs, or Licensed Vocational Nurses (LVNs), as they are called in Texas and California, care for the sick, injured, convalescent, and disabled under the direction of

physicians and registered nurses. They provide basic care, taking vital signs, temperature, blood pressure, and pulse, and assist with bathing patients, monitoring catheters, and applying dressings. Most LPN or LVN programs are about a year long and are offered by technical and vocational schools.

## Advanced Degrees

**Master's Degree:** (MSN) Master's degree programs prepare nurses for more independent roles such as Nurse Practitioner, Clinical Nurse Specialist, Nurse-Midwife, Nurse Anesthetist, or Nurse Psychotherapist. Master's-prepared nurses serve as expert clinicians, in faculty roles, and as specialists in geriatrics, community health, administration, nursing management, and other areas.

**Doctoral Degree:** (PhD, EdD, DNS, DNP) Doctoral programs prepare nurses to assume leadership roles within the profession, conduct research that impacts nursing practice and health care, and to teach at colleges and universities. Doctorally-prepared nurses serve as health system executives, nursing school deans, researchers, and senior policy analysts.



*Reproduced*

## Alumni Spotlight

LaToya Crawley Western School of Technology and Environmental Science, Class of 2003. After Upward Bound, Toya completed a BS at Norfolk State University.



What academic path did you take after leaving high school?

I majored in Computer Science at Norfolk State University

What are you currently involved in (academic, professional, etc)?

Right now I am currently pursuing three additional Microsoft certifications. I have already completed a few others. I am also looking forward to going back to school for a second Masters degree

What do you do for fun? I love spending time with my family. I also love to skate and bowl.

Where do you see yourself in 10 year? In ten years I hope to own my own consulting firm or work for the FBI or Security Service as an IT Security Specialist.

When were you enrolled in Upward Bound?

I believe I was enrolled around 96-98

How did participating in Upward Bound benefit you? I was able to experience college living along with college preparatory classes. No one else was offering a program like this.

What advice do you have for current Upward Bound students?

I would definitely tell them to take advantage of all the program has to offer. It was a stepping stone for me and i wouldn't be the same without it. It may be a challenge at first because you feel like your missing out during the summer. However, once its all over you will feel like you've accomplished a lot.

## LaToya Crawley



# Parents' Corner: FAFSA

Aside from being prepared to go to college, one of the next biggest hurdles is paying for it. The federal government has created a form known as the Free Application for Federal Student Aid, or the FAFSA. Because the FAFSA is so important, we thought there are some key details about the FAFSA you should know.



Another feature of FAFSA4caster is the "FAFSA4caster Tip". These tips appear throughout the site and provide you with information that will help make preparing for college and the financial aid process easier.

<http://www.fafsa4caster.ed.gov/>

## For Parents of 9—11th graders (the underclassmen)

Because they know that financing your child's education is a pressing concern for many parents, the federal government has created the FAFSA Forecaster ([FAFSA4caster.ed.gov](http://FAFSA4caster.ed.gov))

FAFSA4caster will help you get an early start on the financial aid process by:

- Providing you with an early estimate of your eligibility for federal student aid.
- Giving you an experience similar to *FAFSA on the Web*
- Allowing you to transfer all of your FAFSA4caster data to *FAFSA on the Web* once you are ready to apply for aid.
- Providing you the option to apply for your Federal Student Aid PIN (see side panel)

Reviewing the FAFSA website will increase your knowledge of the financial aid process, and provide information about other sources of aid.



## For Parents of Seniors

- The FAFSA can not be submitted before January 1st of your student's senior year!
- The FAFSA is **FREE!** You should never pay a third party to complete the FAFSA for you. Sometime people happen upon websites that do not end in .gov which charge a fee for completing the FAFSA. The FAFSA is the **FREE** Application for Federal Student Aid.
- You will need your completed tax forms for the previous year to complete the FAFSA. For example, if you are going to college in the Fall of 2014, you will need your 2013 tax forms.

## Obtaining a PIN

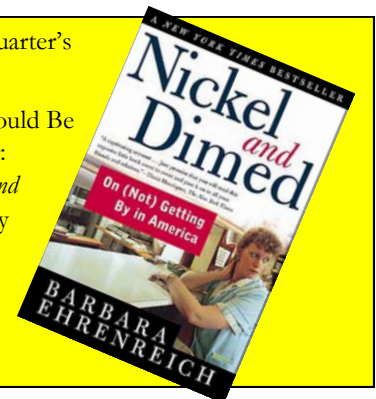
[www.pin.ed.gov](http://www.pin.ed.gov)

The Personal Identification Number is an electronic method of signing the FAFSA form once it is completed. There is no need for actual paper forms!

Your PIN can be used each year to electronically apply for federal student aid and to access your Federal Student Aid records online. **Although you cannot submit the FAFSA today, you can obtain a PIN as early as today.** Did you know both the student and the parents/guardians will have their own PIN to speed up processing of the FAFSA? The great thing about a PIN is that if you forget it, as long as you have an e-mail address you receive another copy instantly.

Next Quarter's Issue:

You Should Be Reading: *Nickel and Dimed* by Barbara





From the website of NCA&T:

North Carolina Agricultural and Technical State University is an academic community focused on students—providing them with interdisciplinary learning opportunities, teaching them with faculty renowned for excellence, connecting them to cutting edge discoveries in research, and encouraging them to serve their communities.

We were founded in 1891 as a land-grant institution, and we've built a strong civil rights legacy along the way. The Greensboro Four—who staged the first ever sit-in at a Woolworth lunch counter in 1960—were NC A&T students.

We strive for excellence and innovation in our curriculum, promote partnerships with public and private entities, and foster a learning environment that focuses less on transmitting information and more on the ability to organize, assess, apply, and create knowledge.

**Total Enrollment:** 10,636

**Undergraduate Enrollment:** 8,923

**Undergraduate Programs:** 117

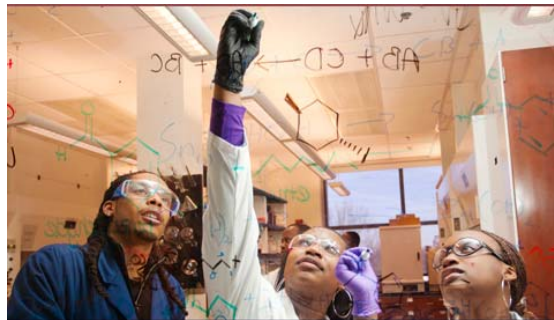
**Motto:** "Mens et Manus." (Minds and Hands)

**Athletic Conference:** Mid-Eastern Athletic Conference

**Website:** www.ncat.edu

**SAT Critical Reading:** 463

**SAT Math:** 474



OUT-OF-STATE RESIDENT TUITION & FEES	
Spring 2011	<b>Full Time</b>
<b>Total Out-of-State Resident</b>	<b>\$15,657</b>
Room	\$7,350
Board	\$2,675
<b>Total</b>	<b>\$25,682</b>



# So You're Thinking about Community College?

It's a little known fact that the University System of Maryland (UMBC, Coppin State, Towson, University of Maryland, College Park, Frostburg State, Salisbury University, UMES, etc) have an articulation agreement with local Community Colleges. This means that if you take the right classes at Community College, you can then transfer those credits to a 4-year college or university.

Because the admission's requirements at the community college are less demanding than most 4-year colleges and starting at a community college can save you money, it can be a great opportunity to start at community college. You must be careful that living at home and attending classes can be more than some people can handle. As in most things, you should begin with the end in mind. If you plan to transfer to a 4-year college, you should talk to the Transfer Coordinator at both the community college and at the 4 year college you are interested in attending.

*According to Petersons.com:*

### ***"Transferring from a two-year college to a four-year college***

If your plan is to attend a junior college with the ultimate goal of transferring to a four-year school, you will be pleased to know that the importance of the community college path to a bachelor's degree is recognized by all segments of higher education. As a result, many junior colleges have revised their course outlines and established new courses in order to comply with the offerings of the universities.



Institutional improvements to simplify transferring credits have also occurred at both the two- and four-year levels.

### ***Develop a transfer plan early***

If you are thinking about moving from a junior college to a four-year university, the sooner you make up your mind, the better positioned you'll be to transfer successfully. The ideal time to make this decision is before you register at your two-year school. A counselor can help you select your classes with the goal of fulfilling the requirements needed for your major course of study.

Naturally, it is not always possible to plan your transferring strategy that far in advance, but keep in mind that the key to

a successful transfer is preparation, and preparation takes time.

### ***Community College can help you meet requirements***

Transfer students can be eligible to enter a four-year school in a number of ways: by having been eligible for admission directly upon graduation from high school, by making up shortcomings in grades (or in subject matter not covered in high school) at a community college, or by satisfactory completion of necessary courses or credit hours at another postsecondary institution.

Ordinarily, students coming from junior colleges or from other four-year institutions must meet or exceed the receiving institution's standards for freshmen and show appropriate college-level course work taken since high school.

---

*Sources: Starting Out at a Community College—<http://www.petersons.com/college-search/starting-out-community-college.aspx>*

Transfer Information Portal—<http://mdtransfer.usmd.edu/student.html>

## UMBC Classic Upward Bound

1000 Hilltop Circle  
MP 007  
Baltimore, MD 21250

Phone: 410-455-2700  
Fax: 410-455-1062  
E-mail: [upbound@umbc.edu](mailto:upbound@umbc.edu)

[www.umbc.edu/upwardbound](http://www.umbc.edu/upwardbound)

Success Through Commitment



### **November**

3— Tobias D  
Garrett J  
8— Shamia CW  
10— Siaka B  
21— Tatiana M

### **December**

4— Myia C  
6— Alexis B  
13— Tieara L  
14— Sheyontay K  
19— Simone F  
20— Romain M  
29— Deja B

### **January**

2— Detiny B  
6— Jauniece B  
8— Syed K  
10— Daniel A  
13— Karrah J  
14— Brian H  
18— Breshae G  
19— Hebo D  
21— Kadeem P  
30— Brandon J

