

My Resource Notebook

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Social Service Resources

Offers support with food and finance, employment, protective services, and adult services

Website: <https://www.baltimorecountymd.gov/>

Baltimore County

- Address: 6401 York Rd
- Email: hhs@baltimorecountymd.gov
- 410.853.3000

Essex

- 439 Eastern Blvd
- Email: tgriffith@dhr.state.md.us
- 410.853.3800

Dundalk

- Address: 1400 Merritt Blvd, Suite C
- Email: tgriffith@dhr.state.md.us
- 410.853.3400

Catonsville

- 746 Frederick Rd
- Email: hhs@baltimorecountymd.gov
- 410.853.3450

Housing Resources

Baltimore County Supportive Housing Program

Providing rental assistance needs to low income families

105 W. Chesapeake Ave, Suite 201

Phone #: 410.887.8383

Website: <https://www.baltimorecountymd.gov/departments/housing/housing-programs>

For emergency shelter contact the Baltimore County DSS Shelter Hotline 410.887.8463

Crisis Telephone Line: shelter – 410.887.8463, general – 410.853.3000



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Mental Health Resources

- **York Rd Mercy Behavioral Health**

- Offers medical, community, and counseling support
- 5438 York Rd, Suite 101
- 410.323.2300
- Website: <https://mercybehavioralhealthcenter.com/>

- **Next Step Treatment**

- Next Step Treatment offers supports in substance abuse and mental health
- 3301 Belair Rd, 2nd Floor
- 443.873.7193
- Website: <https://www.nextsteptreatment.org/>

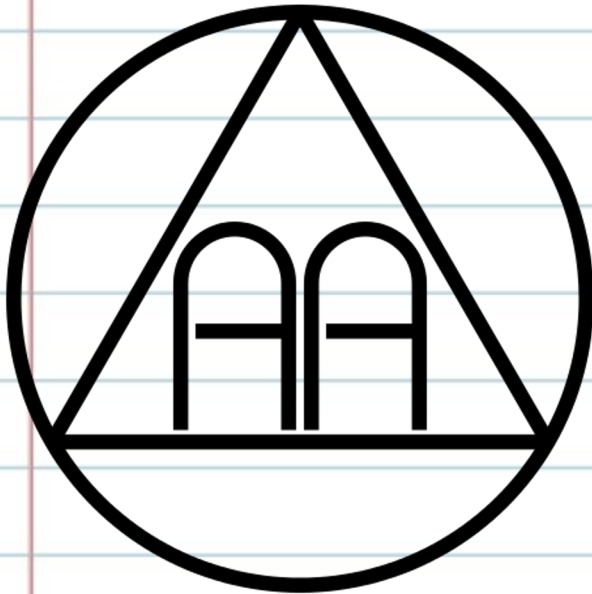
- **Choice Program**

- Program that connects the youth to positive opportunities and choices
- 1000 Hilltop Circle
- 410.455.2493
- Website: <https://choice.umbc.edu/>

- **YAP (Youth Advocacy Program)**

- YAP offers services in the fields of behavioral health, child welfare, youth and young adult justice
- 309 Cathedral St
- 410.385.3171
- Website: <https://www.yapinc.org/>

AA Supports



Alcohol Resources Center

Website: <https://alcoholicsanonymous.com/aa-meetings/maryland/>

Phone #: 800.839.1686

Baltimore County Substance Use Services

Provides supports for those who receive medical assistance in Baltimore county

Drumcastle Government Center

6401 York Rd, Third Floor

410.887.3224



Teen Pregnancy

Planned Parenthood

Planned Parenthood provides care for women who are in need in the areas of pregnancy, STDs, and women's health. Support is provided with or without insurance.

8501 Lasalle Rd, Suite 309

410.576.1414

Womens Care Center

Women's Care Center provides free, confidential counseling, support and education for pregnant women.

7619 Belair Rd

667.401.0700/

1.574.234.2341

Children and Maternal Health

The Baltimore County Department of Health provides a number of services to ensure the health and safety of women, infants and children in Baltimore County via the following programs for County residents.

6401 York Rd, Third Floor

410.887.2020

Health Care Supports

Baltimore County Wellness Center

Centers are school based and services that are provided but not limited to are health screening, mental health screenings, referrals, and evaluations and treatments for acute illness. To schedule an appointment call 443.809.6368.

High schools

- Chesapeake High
- Kenwood High
- Dundalk High

Behavioral Health System

- Provides support to those in need of emotional, well being, mental health disorders, and substance supports
- 100 South Charles St, Tower 2, 8th Floor
- Immediate help 988, 410.637.1900



Academic Supports

Baltimore County Public Schools

Office of Mathematics K-12

Offers supports to students who need tutors, some for a fee.

Website: Office of Mathematics

105 W. Chesapeake Ave

443.809.4052

New Heights Community Center

Offers supports to children who need to grow in the areas of reading, writing, comprehension, and math

7604 York Rd

410.821. 8808

Teachers Association of Baltimore County (TABCO)

TABCO provide fee-based tutoring services for students in kindergarten through 12th grade, in all subject areas.

Website:

305 East Joppa Road

410. 828.6403

Online: Brainfuse

Baltimore County Public Library's FREE online tutoring services. All you need is a valid library card registered at the Baltimore County Public Library. You can choose from homework help, life skills building, 24-hour writing lab, adult learning center, self-help test center and flash cards. You can chat with a tutor from 2 p.m. – 11:55 p.m., 7 days a week. Spanish-speaking tutors are available.

Website: [Brainfuse](#)



Food Pantries

1. Essex UMC Food Pantry
524 Maryland Ave
410.686.2967
1. Assistance Center of Towson Churches
116 Pennsylvania Ave
410.296.4855
1. Loch Raven UMC Food Pantry
6622 Loch Raven Blvd
410.825.0900
4. Thrive Food Pantry
3319 Summit Ave
410.661.6388
5. Freedom Outreach Center
1116 Middle River Rd
410.420.1011
6. Macedonia Project
5401 Frankford Ave
410.488.5650
7. St Ursula Pantry
8801 Harford Rd
410.665.2111
8. Catonsville Emergency Assistance
25 Bloomsbury Ave
410.747.4357

Domestic Violence Support

National Hotline

- 800.799.7233

National Teen Dating Hotline
1.866.331.9474

Family Crisis Center
PO Box 3909
Dundalk, MD 21222
410.285.4357

Springboard Community Services
Offers a youth resource center
4623 Falls Rd
410.669.9000

Turn Around
Offers support to victims of
sex trafficking and sexual
partner violence
8503 LaSalle Rd, 2nd Floor
410.377.8111



Mentoring Matters

- Fosters positive relationships by providing students with the environments they need to be successful
- 105 W. Chesapeake Ave
- 410.809.3971

YH20

- YH20 is a program that prepares young adults to be employed in full time jobs within the public works industry at the completion of the program.
- City Hall Room 250
- 100 N. Holliday St
- 410.396.3100

Mentorship Resources

Destined for Greatness Mentoring & Outreach

- Offers support for children between the ages of 5-21 where they encourage, empower, and educate youth to achieve things that they never thought of achieving
- 8700 Old Harford Rd
- Website: <https://dfgmentoringbmore.com/>
- 410453.1996

911

Crisis Hotline: 1-800-422-
0009

Suicidal Hotline: Dial 988

If you need any additional
support that has not been listed
please contact

upbound@umbc.edu